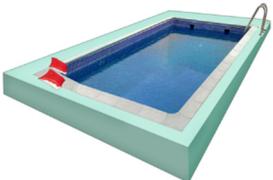


About me:

My name is Samantha and I am 19. I have a PMLD and require 1:1 or 2:1 support for some things. I like sensory activities and massages but I also like going out.

	Time / Date of activity	Activity and link to I statement	Support	Contingency
	Friday 10:00	I have a referral from the Physiotherapist for using the Hydropool every week. I am supported 1:1 by staff from my house and we will be picked up by a minibus. There are three other people going to the Hydropool and they travelled independently to Bexleyheath town centre where they met the bus. At the pool I am supported 2:1. The extra member of staff drove the minibus.	Transport charge funded by individual.  1:1 Funded by individual until they arrive at the swimming pool when a 2:1 staff cost is charged.	If I require personal care then the pool has everything we need. It has a hoist and changing facilities.  I always carry my Buccal Midazolam for my epilepsy. If I have a seizure, I may require time to recover. I have funded for my 1:1 so I can safely have this time.
	Friday 12:30	After our Hydropool session, we travel by minibus to Bexleyheath town centre to have lunch. We are going to a café on the highstreet. I am on a special diet and the café are very understanding and they allow staff to warm the lunch I have brought with me. Everybody else in the group has brought the money for their lunch.	Transport charge funded by individual.  1:1 and 2:1 Funded by individual.	If I require personal care then I can access one of the highstreet's new changing facilities which has a hoist. The people who came to the Hydropool are very independent and one member of staff will stay at the café so I can still have my 2:1 support.  I always carry my Buccal Midazolam for my epilepsy. If I have a seizure, I may require time to recover. I have funded for my 1:1 so I can safely have this time.

	Time / Date of activity	Activity and link to I statement	Support	Contingency
	Friday 13:30	After lunch I am being dropped home by the minibuss. I am met by my carers at home. I did not want to go to any of the sessions this afternoon. I would prefer to go to the cinema this evening and would like some time to get ready.	Transport charge funded by individual.	
	Friday 18:00	My carers at home support me by Taxi to Bexleyheath Cinema. When I arrive my two support staff meet me. After my film, one of the support staff takes me home by taxi.	2:1 staff cost funded by individual. Transport charge funded by individual.	The cinema has a hoist and full changing facilities, if I require personal care.  I always carry my Buccal Midazolam for my epilepsy. If I have a seizure, I may require time to recover. I have funded for my 1:1 so I can safely have this time.